

# **SES COLLEGE SREEKANDAPURAM**

(Accredited by NAAC with 'B' Grade) Affiliated to Kannur University



Criterion 3
Research,Innovation and Extension

### 3.4 Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/NCC/Red Cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs





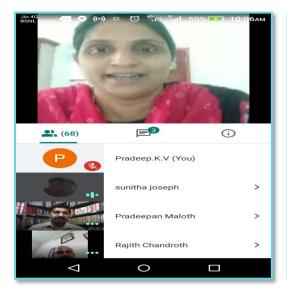
## Anti drug club Formation

The anti drug Club of SES College Sreekandapuram was formed to make awareness against drugs among students. As a preliminary step, Dr. Sunitha Joseph, Asst. Professor of Economics as the Convenor, enrolled 22 student members who possessed an inherent interest to work for the anti drug programme activities in spite of belonging to varied disciplines. Till date the Club held different programmes in the college campus.

# Anti drug club Activities 2020-21

### Anti Drugs awareness class (7-11-2020)

The awareness class against the dangers of drugs was organized in the campus on 7<sup>th</sup> November 2020 under the auspicious of Anti Drugs clubs in the college. Sri Pardeep Malooth, president National Forum for people's Right (NFPR) gave the awareness class to the students. The objectives of this Programme is to prevent youth from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effects of illicit drug use.







എന്നിവയുടെ സംയുക്താഭിമുഖ്വത്തിൽ



# ध्वाणिका विश्वास्त्र मुंद्री विश्वास्त्र मुंद्री विश्वास्त्र मुंद्री विश्वास्त्र मुंद्री मुद्री मुद

2020 നവംബർ **7** ശനിയാഴ്ച രാവിലെ 10 മണി മുതൽ ഗദൃഗിൾ മീറ്റിൽ

## കാര്വപരിപാടി

സ്വാഗതം : ശ്രീമതി.<mark>സിുന്നിത ജോസഫ്</mark> (കൺവിനർ, ലഹരിവിരുദ്ധ ക്ലബ്ബ്, SES കോളേജ് ശ്രീകണ്ഠപുരം)

അധ്യക്ഷൻ : ഡോ.**ഡൊമിനിക് തോമസ്** (പ്രിൻസിപ്പാൾ, SES കോളേജ് ശ്രീകണ്ഠപുരം) ഉദ്ഘാടനം : ശ്രീ.**രെഞ്ജിത്ത്** (എക്സൈസ് ഇൻസ്പെക്ടർ, ശ്രീകണ്ഠപുരം)

ആശംസകൾ : ശ്രീ.സിദ്ധിഖ് (NFPR കണ്ണൂർ ജില്ലാ പ്രസിഡണ്ട്)

ശ്രീ.സജീഷ്.ടി.ജെ (IQAC കോർഡിനേറ്റർ, SES കോളേജ്)

ശ്രീമതി. അരു പ്രാത്ര പ്ര പ്രാത്ര പ്രവ് പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്ര പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്രാത്ര പ്രാത്

ക്ലാസ്സ് നയിക്കുന്നത്

ശ്രീ.പ്രദീപൻ മാലോത്ത്

[കൗൺസിലർ & സൈക്കോതെറാപ്പിസ്റ്റ്]

നന്ദി : ശ്രീമത്<mark>.സവിഷ ദേവരാജ്</mark> (NFPR ശ്രീകണ്ഠപുരം യൂണിറ്റ് കമ്മിറ്റി)

# 3.AUTOMATIC SANITIZER MACHINE

Inorder to maintain health and hygiene during Covid Pandemic, students from Physics department took initiatives in making an **Automatichand sanitizing** machine. Students named Jishnu, Sooraj, Abhinav and Vignesh together with our third year students and teachers designed the same. Two machines were hand over to the Management and Principal on the inauguration day on 28 **September 2020.** 





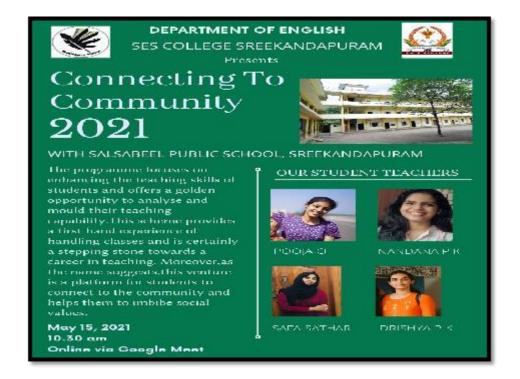




#### **CONNECTING TO COMMUNITY 2021**

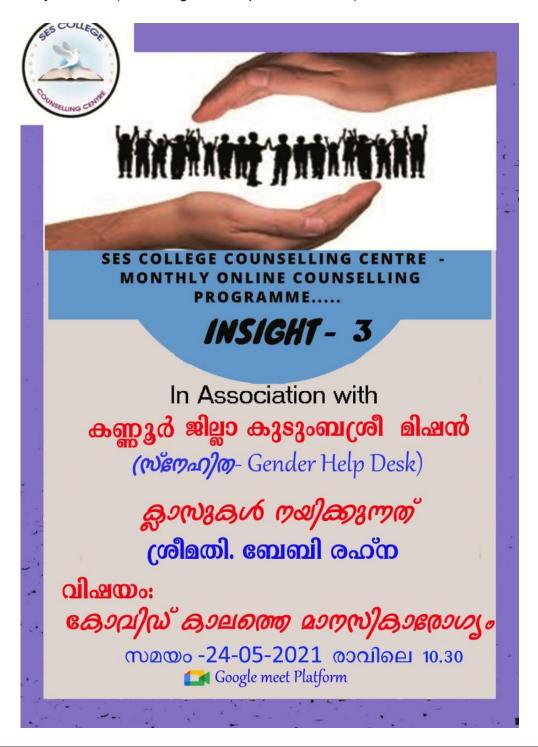
'Collaboration allows us to know more than we are capable of knowing by ourself'.

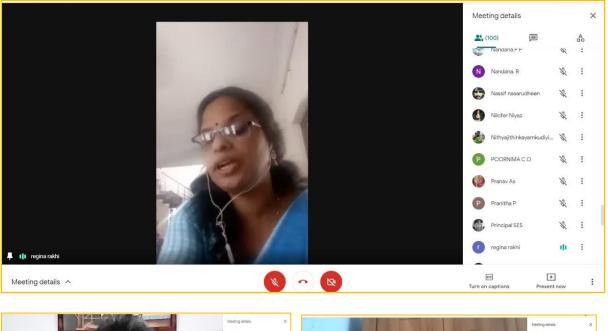
The Department of English conducted the community programme in collaboration with Salsabeel Public School, Sreekandapuram. Four students from the third year of B.A. English, Miss Pooja O., Miss Nandana P.K., Miss Safa Sathar and Miss Drishya P.K. volunteered the programme and it was conducted online via Google Meet at 10:30 am on May 15, 2021. The student teachers engaged grammar classes for the X standard students of Salsabeel school. The aim of the programme was to upgrade the teaching skills of students of the department. It helped to provide a first-hand experience of handling classes and also became a certain stepping stone towards a career of teaching. The lecture influenced the students of the Salsabeel school to consider the path of teaching as one of their career options.

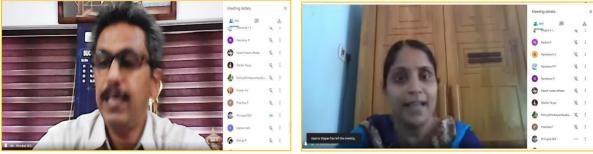


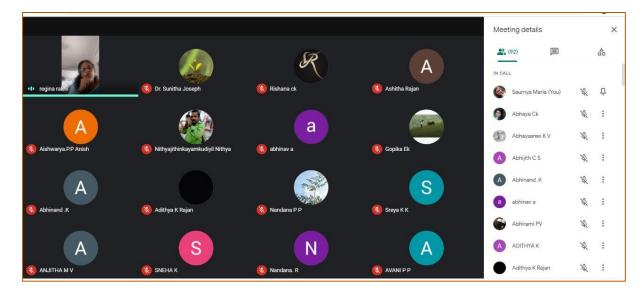
# Insight -3

The Counselling Centre, SES college Sreekandapuram conducted a webinar as a part of the *INSIGHT* 3 in association with kannur jilla kudumbasree mission gender help dusk *Snehitha* on the topic "mental health and Covid-19 Pandamic" on 24th may 2021. This program was inaugurated by our principal Dr. Dominic Thomas and the session was handled by Smt.Baby Rehna, (Trainer - gender help dusk Snehitha)









The covid-19 pandamic has presented many challenges to student community. They already coping with mental health conditions. This webinar enables participants to learn the impact of crisis situations, loneliness, and isolation; understand what resiliency is and where it comes from; and learn practical and achievable ways to increase one's resiliency.



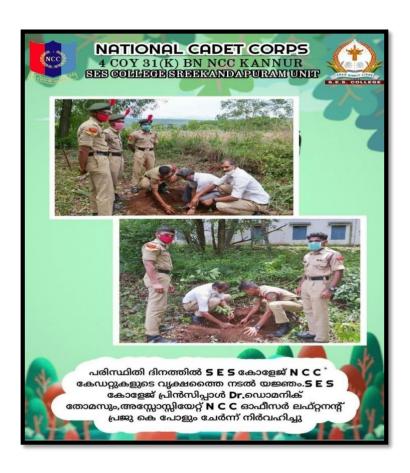


# SES COLLEGE SREEKANDAPURAM

# Extension activity 2020 - 2021

#### **WORLD ENVIRONMENT DAY- JUNE 5**

World Environment Day is celebrated on 5th June every year and it is the United Nation's principle vehicle for encouraging awareness and action for the protection of the environment. First held in 1974, it has been a flagship campaign for raising awareness on environmental issues emerging from marine pollution, human overpopulation, and global warming, to sustainable consumption and wildlife crime. So NCC cadets of SES college Sreekandapuram celebrated the World environment day by planting treesto make people aware of the importance of our environment and the need to protect it. Dr. Dominic Thomas sir (principal of SES college sreekandapuram ) and Lt. Preju K Paul (ANO of SES college) planted the tree together. SUO Praveen A S, UO Amal V, CQMS Akshay K K also joined in the programme.



## **WEBINAR-STAY SAFE STAY HEALTHY**

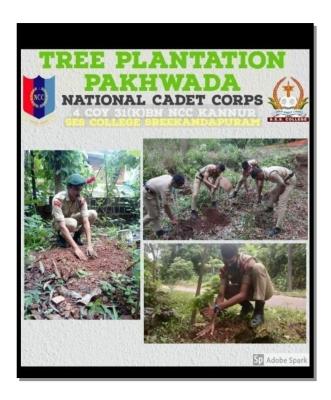
A webinar on 'stay safe stay healthy 'was organised by NCC cadets of SES College sreekandapuram on 26th June 2020, Dr Ann Maria handled the session. ANO Lt. Preju k paul, Principal Dr Dominic Thomas, commanding officer col. Chris D Silva along with SUO Praveen A S coordinated the program.63 Cadets had participated in the programme.



#### TREE PLANTATION PAKHWADA

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On 14 July 2020 NCC cadets of SES College Sreekandapuram conducted a 'tree plantation pakhwada programme. The cadets captured their photograph of planting trees. Cadets enjoyed the moment in planting trees and it was an initiative from cadets in contributing to the existence of mankind.58 cadets had participated in the programme.

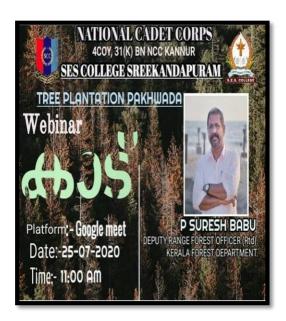




#### **WEBINAR - FOREST**

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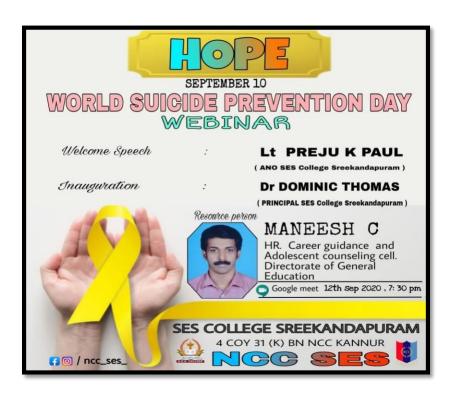
In connection with tree plantation pakhwada a webinar on 'forest' was conducted on 25 July 2020 by ncc cadets of SES College sreekandapuram .Retd. Deputy forest officer P.Suresh Babu handled the session. ANO Lt. Preju k paul, Principal .Dr .Dominic Thomas along with SUO Praveen A.S coordinated the programme.





#### **HOPE-WEBINAR ON WORLD SUICIDE PREVENTION DAY**

World Suicide Prevention Day(WSPD) is an awareness day observed on 10 September every year, in order to provide worldwide commitment and action to prevent suicide, with various activities around the world. As a part of that NCC Cadets of SES College Sreekandapuram conducted a webinar (HOPE) through Google meet on 12<sup>th</sup> September 2020, 7:30 pm. In that program welcome speech was delivered by Lt.Preju K Paul Sir (ANO SES College Sreekandapuram)the programme was inaugurated by Dr.Domnic Thomas Sir (Principal SES College Sreekandapuram). The class was handled by Sir.Maneesh C. There have been a staggering number of suicide caused by fear of corona virus, loneliness, lack of freedom of movement during lockdown. On that situation the webinar greatly helped the cadets by providing tips to get relief in mental stress during this pandemic . 55 cadets had participated in the programme.



#### **GANDHI JAYANTHI CELEBRATION**

Gandhi Jayanthi is celebrated on 2<sup>nd</sup> October every year to mark the birth anniversary of Mahatma Gandhi. To celebrate his contribution to the nation, 2<sup>nd</sup> October is celebrated every year as a national holiday. As a part of that NCC unit of SES college Sreekandapuram conducted a webinar on Gandhi Jayanthi day in Google meet on 2 Oct 2020 at 9.30 am. The programme was inaugurated by Dr. Dominic Thomas(Principal SES College)welcome speech was delivered by Lt.Preju k Paul(ANO SES College). Sajeesh TJ (IQAC Co-ordinater SES College) felicitated in the session . And NCC cadets of SES College conducted a documentary presentation ,and cleaning surroundings. Cadets cleaned their surroundings along with their families.54 cadets had participated in the programme.



#### PANCHAYAT ELECTION- 2020

Twenty two Ncc Cadets of SES College Served as Special police officers in various polling booths within the limits of Mayyil and Sreekandapuram Police Stations from 13/12/2020 to 14/12/2020 as part of the general election to the local self government institution 2020.



#### PLANT REJUVENATION AND CLEANING

Sreekandapuram: 4COY 31 (K) battalion NCC Kannur SES college Sreekandapuram conducted a plant rejuvenation programme at Kottoor vayal on 19th march 2021. All cadets actively participated in this cleaning drive. It was a great initiative by NCC cadets of SES college in providing awareness about the need of cleaning river is mandatory for sustenance. Associate NCC Officer Lt. Preju K Paul, Under Officer Amal V, CQMS Akshay K K provide guidence for cleaning.10 cadets had participated in the programme.





#### **PRE-MONSOON CLEANING**

Sreekandapuram: 4COY 31(K)Battalion NCC Kannur SES college Sreekandapuram conducted a pre-monsoon cleaning programme in association with Sreekandapuram municipality on 29th April 2021. Cadets collected the waste from road sides and bus stand. They emptied the water stored things to avoid the spread of mosquitos. Former municipality chairman Mr. Ragavan, Former HOD of malayalam department in SES college and present muncipality chairperson Dr. K V Philomina, Associate NCC officer Lt. Preju K Paul, Under Officer Amal V and all other cadets have participated in this cleaning drive. 4 cadets had participated in the programme.





#### **COVID - 19 AWARENESS CAMPAIGN**

Sreekandapuram: 4COY 31(K) Battalion NCC Kannur SES college Sreekandapuram conducted a covid -19 awarness campaign and the importance of getting vaccinated by making posters and providing effective caption via social media. Cadets have also provided informations about the procedures included in vaccine registration. Cadets were volunteeres in helping those who were unable to register. As the second wave of corona virus is brutally affecting our country, cadets gave awarnesss to stay home through art. It was an opportunity for them to showcase their talents along with providing awareness to the people.11 cadets had participated in the programme.

#### എൻ.സി.സി. ഹെൽപ്പ് ഡെസ്ക് തുടങ്ങി ശ്രീകണ്ണപുരം ▶ കോവിഡ് വാ ക്ലിൻ ഓൺലൈൻ രജിസ്ട്രേഷന് സഹായിക്കുന്നതിനായി ശ്രീകണ് പുരം എസ്.ഇ.എസ്. കോളേജ് എൻ.സി.സി. യൂണിറ്റിൻെറ നേ തൃത്വത്തിൽ ഹെൽപ്പ് ഡെസ്സ് പ്ര വർത്തനം തുടങ്ങി. മുഴുവൻ സമയം പ്രവർത്തി ക്കുന്ന ഒരു സംഘം കാഡറ്റുക ളുടെയും എൻ.സി.സി. ഓഫീ സറുടെയും നേതൃത്വത്തിലാ ണ് ഡെസ്സ് പ്രവർത്തിക്കുന്നത്. സഹായം വേണ്ടവർ ആധാർ കാർഡ് നമ്പർ, മൊബൈൽ നമ്പർ, പിൻകോഡ് എന്നീ വി വരങ്ങാം നൽകണം. ഫോൺ: 9947520131, 9188563647, 9496523234.

Awareness Video link -

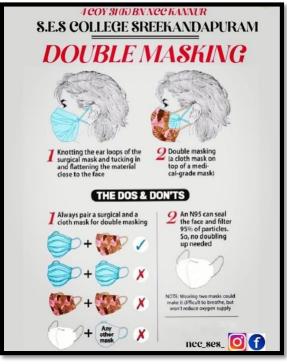
https://www.instagram.com/tv/CN1Vs3IFgzk/?igshid=1gjiwuujxleltg https://www.instagram.com/tv/COSzJowFewc/?igshid=1sl4izdr7rlrz

#### Awareness posters –







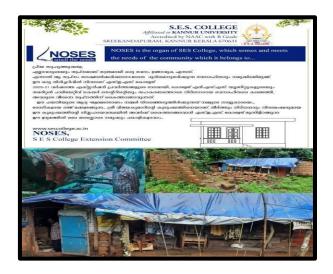




# **SNEHAVEEDU**

# **(SEPTEMBER 2020-MARCH 2021)**

NSS units of S.E.S college decided to take up an initiative known as "SNEHAVEEDU" project. As a first step towards it, the NSS units along with the support from the staffs, management, Samaratin palliative care society, NCC, student's union and beloved natives helped to complete the project on march which was started on September. The project was at Chelimparamba, Chemberi.











# **AWARENESS CLASS**

#### **OCTOBER 10, 2020**

An online awareness class was conducted by NSS units on the topic MaternalSafety Shield in association with Malabar Cancer Care Society, Kannur



# **Garden making at sreekandapuram police station**

(27-11-2020)

On 27<sup>th</sup> November, the NSS volunteers of S.E.S college ensured their participation in making a garden at Police Station, Sreekandapuram. Raghunath K.V (SI OF POLICE, SREEKANDAPURAM), Dr. Rejith P.P (NSS PROGRAMME OFFICER, S.E.S COLLEGE) lead the work. It was really a good experience for our volunteers.









# WORK IN ASSOCIATION WITH SREEKANDAPURAM MUNCIPALITY (Started on 19-02-2021)

In association with Sreekandapuram Municipality, the NSS volunteers of S.E.S college ensured their complete participation whole heartedly in building a toilet for a cancer patient in the Municipal region. The work was inaugurated by Dr. KV Philomina (Municipal chairperson, Sreekandapuram Muncipality). The work was for one week and the volunteers rotated their shifts.

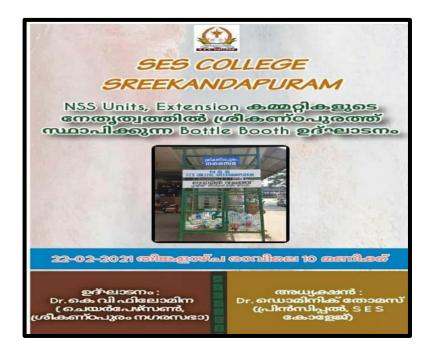




# **BOTTLE BOOTH InstalatION**

(21-02-2021)

The NSS units of S.E.S College coordinated and constructed bottle booths. Later these bottle booths were placed at Sreekandapuram town and Irikkur town. This initiative was later appreciated by the authorities.



# **ELECTION DUTY**

(06-04-2021)

During the Kerala Legislative Assembly Elections on 6<sup>th</sup> April 142 NSS volunteers from S.E.S college ensured their voluntary works on helping the old aged and physically challenged people to cast their vote on the election day.





# **PRAKASHAN**

# SAHAYA NIDHI

A collection drive was initiated under the leadership of extension committee of S.E.S College to help the family of Sril K.P. Prakashan, father of our student, who died in an accident on 29/04/2021. 446 persons including teachers, non-teasching staff and students contributed to the fund. The sum was handed over to the family on 04/05/2021.

#### S.E.S. COLLEGE

Affiliated to KANNUR UNIVERSITY
Accredited by NAAC with B Grade
SREEKANDAPURAM, KANNUR KERALA 670631





NOSES is the organ of SES College, which senses and meets the needs of the community which it belongs to...

കെ. പി. പ്രകാശൻ കുടുംബ സഹായ നിധിയിലേക്ക്

SES കോളേജിന്റെ കൈത്താങ്ങ്

പ്രിയമുളളവരെ,

വെച്ചിലഭാത നെല്ലിക്കുന്നിൽ 800 വളപ്രിൽ വാഹനാപകടത്തിൽ ചൂഴലിയിലെ ടാപ്പിംഗ് തൊഴിലാളിയായ ശ്രീ. 2021 മരണപ്പെടുകയും അദ്ദേഹത്തിന്റെ മകന് കെപി. പ്രകാശൻ രോഗിയായ ചെയ്തു. പതിക്കേതർക്കുകയു റ ഗുരുതരമായി അടങ്ങുന്ന മക്കളുറ വിദ്യാർത്ഥികളായ രണ്ട് ഭാത്യയുര കൂടുറബമാണ് ഇവിടെ അനാഥമാക്കപ്പെട്ടത്. മകൾ SES കോളേജ് തിയവസ്ഥയെവേസ്ഥിത eyo വിദ്യാർഥിനിയാണ്. അവർക്കു കൈത്താങ്ങായി കോളേജ് മാനേജ്മന്റ് പ്രിൻസിപ്പാൾ, അദ്ധ്യാപക-അനദ്ധ്യാപകർ, NSS, NCC, സ്റ്റുഡന്റ്സ് യൂണിയൻ, വിദ്യാർത്ഥികൾ, പൂർവ വിദ്യാർത്ഥികൾ തുടങ്ങി എല്ലാവതും ഉൾപ്പെടുന്ന SES കുടുറബം മുന്നിട്ടിറങ്ങുന്ന ഈ ഉദ്യമത്തിൽ ഒരേ മനസോടെ നമുക്കൂറ പങ്കാളികളാകാറ ....

**Extension Committee Bank Account** 

Account Number: 39700490455 IFSC: SBIN0070894 SBI Chemperi Branch Joint Personal Account

Mob: +91 9961889969 Dr. Sunitha Joseph/Dr. Rejith P P

#### SKILL DEVELOPMENT PROGRAMME 2020-21

The Department of Economics, SES College Sreekandapuram in association with Chapparapadavu Higher Secondary School has conducted a Skill Development Programme for students on 22nd March 2021. The programme was conducted online. Miss. Ashitha, Mr. Aswin Prakash and Miss. Revathy Raveendran lead the classes. Miss. Ashitha taken hands on training on cloth painting as well as glass painting. Mr. Aswin Prakash on handicrafts making with hardboard and waste materials. And Miss. Revathy Raveendran taken class on embroidery works. The class was largely focussed on skill imparting. The class was very interesting and the students get benefitted much from the class.



